

Early Childhood Mental Health

April Newsletter

Autism Awareness Month

April is national autism awareness month and Behavioral and Educational solutions will like to use this time to inform parent of this disability. Autism Spectrum Disorder (ASD) is a developmental disability, that impacts communication and social interaction. Typically these symptoms are seen before a child turns three years old. Repetitive behaviors, such as doing the same thing over and over, and stereotypical behaviors like arm flapping are also signs of ASD. Other warning signs are difficulties with changes to daily routines or different responses to sensory experiences. Each child's symptoms appear differently; and two children with ASD will have different strengths and weaknesses. According to the Centers for Disease Control and Prevention (CDC), 1 in 68 children have ASD and boys are more likely to have ASD than girls.



Frequently Asked Questions

What causes Autism?

Research has shown there is no one cause of ASD, and have contribute the disability to genetic factors.

What does it mean to be "on the spectrum"?

Autism is considered a spectrum due to the significant differences within the group of children with ASD.

Are vaccines to blame?

Research has found no link to vaccines and Autism, and

suggests all children be fully vaccinated.

What should I do if I suspect my child has Autism?

Bring your concerns to your child's pediatrician.

Will my child be able to attend school?

Children with Autism are able to attend private and public schools. Schools can provide accommodation and resources for children with disabilities.

Behavioral & Educational
Solutions, P.C.

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Book of the Month

Reading aloud helps children increase their vocabulary and ability to sit and attend. The book for this month also helps with working on making predictions when is a great skill for children with Autism.

Brown Bear, Brown Bear, What Do You See?

By Eric Carle

Song of the Month

The Wheels on The Bus
Old MacDonald Had a
Farm

Behavioral & Educational Solutions

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We are dedicated to delivering multi-disciplinary, culturally sensitive, systems focused on developmentally appropriate services. At Behavioral & Educational Solutions, P.C. (BES) we believe that children do not grow-up within vacuums; hence, our services are driven by the goal of establishing strong, collaborative, engaged relationships between the family, school, and other systems.

Behavioral & Educational Solutions, P.C., is an allied health/ related services support company serving DC and Montgomery County. We are a fully bilingual (English/Spanish) company.



Meet Us!

Our mental health consultants have over 20 years of combined experience helping families and teachers of young children. We are available to meet with parents, observe children, and help teachers support healthy social-emotional development.

Each daycare center has its own mental health consultant. Look here to find the contact person for your child!



Andrea Howard

Centers:

- H.D. Woodson HS
- Azeze Bates
- C.W. Harris
- Paradise



Angelina Nortey

Centers:

- Atlantic Gardens
- Frederick Douglas
- Ballou HS
- Anacostia HS
- Luke C. Moore HS
- Dunbar HS



Mawule Sevon

Centers:

- Educare
- Rosemount



Cindy Cruz

Centers:

- Edgewood
- Roosevelt
- UPO Home Visitors